



REPORT

INDIA-AUSTRALIA

INTERNATIONAL BLIND FOOTBALL FRIENDLY SERIES- SEPTEMBER – 2018

AT

JOGO FOOTBALL ARENA, KADAVANTHRA



MATCH-1
INDIA VS AUSTRALIA
19:09:2018

06:00 PM AT JOGO FOOTBALL ARENA KOCHI

The first International Game between India and Australia was held at the Jogo ground with the inaugural kick off by Ernakulam Range IG Vijay Sakkare. The chief guest was overwhelmingly impressed and promised to help to take the beautiful game of Blind Football to the next level and promote it among the masses. The opening ceremony started with the National anthem of both teams followed by the exchange of jerseys between the two teams. Brendan Spencer led the Australian side, while the Indian side by led by Captain Pankaj Rana. The official referees on the pitch were led by Technical Director & IBSA International referee coordinator, W K Loo of Malaysia with the Indian International IBSA Referee Manjith Gokulan and their team of upcoming referees. The game was a thrilling one with both sets of players fighting it out well, with the hosts India coming on top winning 2-0 in the end. The goals were netted by local star Falhan C S and Klingson Marak which gave the hosts the comfortable win, the game was completely dominated by the Indian side.



MATCH-2
INDIA VS AUSTRALIA
21:09:2018

06:00 PM AT JOGO FOOTBALL ARENA KOCHI

Team India beat Australia 5 - 0 to win Match 2 of the two match Friendly series at Kochi, India. Klingson Marak scored a fine hat-trick (first ever for India) & was adjudged the Player of the Tournament with Falhan scoring a brace. Nathan Nemes, the Australian goalkeeper made some daring saves to keep the visitors in the game. The game too was completely dominated by the Indian side and was a great experience & a step in the right direction as the teams gear up for the challenges ahead including the Asian Championships'19.



TEAM INDIA



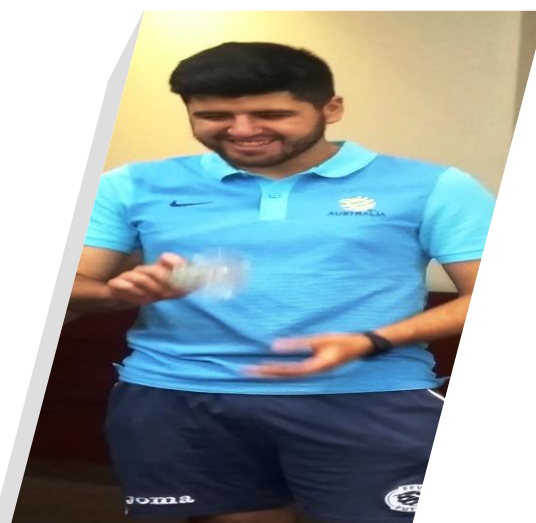
TEAM AUSTRALIA



AWARDS



MAN OF THE MATCH: MATCH-1
FALHAN CS
INDIA



MAN OF THE MATCH: MATCH-2
NATHAN MENSES
AUSTRALIA



PLAYER OF THE TOURNAMENT
KLINGSON D MARAK
INDIA

OFFICIALS



PRAVEENA,DEVIKRISHNA,MADHAVAN TK, K GOKULAN, W K LOO
(INTERNATIONAL REFEREE, MALAYSIA) G MANJITH (INTERNATIONAL
REFEREE,INDIA)SHAIJU S A ,MAHESHWARI SHETTY, MRUDULA MOHANAN (FROM
LEFT SIDE)

PRESS CONFERENCE



COMBINED TRAINING SESSIONS WITH AUSTRALIA

22:09:2018

The session began with an exchange of greetings between the teams.

Both teams took the ground and session started with warm up, board exercises, floor exercises, stretches and game skills. Defending and attacking after the skill of ball control. Australian players also enjoyed the session. After the session there was exchange of souvenirs among both the teams. Aussies presented a yellow Australian Jersey signed by all the team members. After which Indian team presented them the replicas of valuable cultural souvenirs of Kerala.

Ended with addresses by both side coaches and joint pics.

Overall was a successful event by IBFF and SRVC at JOGO ground.



PRESS REPORTS



GUESTS



VIJAY SAKKARE
ERNAKULAM RANGE IG



PRANJAL PATEL
ASSISTANT COLLECTOR OF ERNAKULAM DISTRICT



SOUMINI JAIN
KOCHI MAYOR



KOCHOUSEPH THOMAS CHITILAPPILLY
THE FOUNDER, CHAIRMAN AND
CHIEF EXECUTIVE OFFICER OF V-GUARD INDUSTRIES LTD



REPORT ON THE INDIAN NATIONAL TEAM SELECTION CAMP

5th to 17th SEPTEMBER -2018

DAY 1 SESSION 1 - 5th Sept'18

Introduction of the players and general instructions by Indian Blind Football coach Sunil J Mathew and summed up by Indian team Goal Guide Naresh Singh Nayal from Dehradun, Uttarakhand. In presence of IBFF Academy staff Rashad and Akshay. All the players are excited to show their prowess and get through the process of selection trials. This will be purely based on the performance of players in every aspect during these days. Many of them are young and some of them are seniors and experienced. Academy players are in good shape too. Session: The session started with general warm up, stretching exercises and progressed with some drills for the B1 players and Goalkeepers separately. Then it was followed by a short game of two halves. So that the players can get familiarise with ground and game sense. The session ended with warm down.

DAY : 01 SESSION:2

Light warm up because of hot weather.

Skills and Techniques: Receiving and passing, receiving and dribbling. Shooting into goal post.

Game: Played two halves of 15 minute each. Falhan and Kling scoring 1-1 goal each.

Penalty kicks: One each player. Goalkeeper Gambhir conceding 1 goal of Falhan's powerful strike towards the goalkeeper's extreme right.



DAY:02 SESSION :01 - 6th Sept'18

Assembly: Introduction of new player to the camp.

Warm up: General

Specific: B1 players separate and goalkeepers separately for the readiness of muscles.

Skills: Orientation of the movements regarding game. Corner curves, receiving the ball and shooting to the opposite goal.

Game: Played a game of 2 halves.15 minutes each half. Goalkeeper Gambhir conceded a goal of Kling and Anugrah of Falhan.

DAY:2 SESSION :02

Light warm up.

Drills: with ball, dribbling and ball control. Side wise shuffling, front and back.

Skills: Receiving the ball at the side board of centre line going to next goalkeeper and finish. Corner cuts and from centre side-board to the opposite man and take round to finish the ball with the goal guide.

Game:2 halves of 20 minutes. Nirav scored 3 past goalkeeper Anugrah. All the goalkeepers have started showing reflexes and interception. Anish joined the camp.Gabriel got injured and left the field before the game. Others were ok with fitness and health.



DAY: 03 SESSION:01 - 7th Sept'18

Assembly: Briefing about session and checking up the readiness of players.

Warm up: Drills for speed and agility. Lighter strengthening exercises after stretching.

Skills: Receiving and turning. Shooting

Game:2 halves of 10 minutes each. Gabriel scored past Sujith and Falhan scored 2 goals past Anu.



DAY :3. SESSION:2

Assembly

Warm up with light stretching. Started with ball dribbling and shooting.

Skill & Technique: Played a build up game in which sighted were on attack and B1 were in defence. This is to speed up the B1 players which can be later on executed by the players in the game.

Game: Played one half of 15 minutes only. Gabriel scored past Gambhir.

Injuries: Gabriel got his right ankle twisted during the game. Nirav is already injured so didn't take field. Anish came late so no game and exercises for him.



DAY: 4. SESSION: 01 - 8th Sept'18

Assembly

Warm up: Light stretch and followed by 2km run. Dynamic stretching with the side boards. Exercises.

Skills: Passing

GK: Agility and catching

Game: Played 2 halves of 15 minutes each. Falhan scored past Sujith. Prakash opened his account for this camp with 2 goals past Gambhir in second half.

Penalties: 8M no one scored from this point and from 6M point Domi, Anish, Sameer hit the back of the net.



REGENERATION DAY - 9th Sept'18

Morning was a complete rest for the players.

Evening: It was passive activities with fun factor on. Had fun at the Kuzhupally beach. Game of football and tomb making with sand to develop the team cohesion Kayaking ,boating with pedal boats and water polo game in the pool. Had some exercises with the band in the pool & a fantastic dinner arranged at the Indriya Sands resort.



DAY: 5. SESSION :01 - 10th Sept'18

Assembly

Warm up: Running. Board to board shuffling.

Skills: Pass receiving and finishing. Shooting.

Game: 2 halves of 10 min each. Falhan scored past Gambhir and Kling scored past Anu.

Penalty: 6 m only Prakash scored. 8 m only Kling scored.

DAY :5. SESSION :02

Assembly

Warm-up with balls.

Different kind of warm-up comprising of speed, agility, strength and endurance too for 7 minutes.

Skills: topping and shooting. Tackling the ball faster in front of defenders.

Game: Played 2 halves of 15 minutes. Falhan hitting the net 3 times past the goalkeeper Gambhir. Gabriel once again scored past Gambhir and Pankaj and Nirav one goal each past Anu and Palash respectively.

Pankaj joined the camp for the first session. Game got faster with Gabi, Falhan, Kling and Pankaj all together in the pitch.

Penalties: Only 6M but no conversion by anyone.



DAY : 06 SESSION : 01 - 11th Sept'18

Trials for fitness of the players to move on to the next phase of the camp. Before the final selection.

A-Agility and Speed test.

B-Endurance test.

Pradeep even didn't come for the trials in the ground. Others all were there to go under the test model.

The assistance offered by Rashad and Akshay from IBFF, working along with India Coach Sunil J Mathew and Indian Goal Guide Naresh Singh Nayal.

DAY: 06. SESSION :02

Warmed up with ball control.

Skills: Receiving the ball from one side and taking it to finish on the other side goal post.

Game: Game of 2 halves with 15 min each half played in which only Pankaj scored past Gambhir.

All players were giving it their all and goalkeepers made good saves.

Special: Declaration of the shortlisted list in which 11 B1 players and 3 goalkeepers were selected as probables.





SECOND STAGE from 12th Sept'18

DAY: 01. SESSION: 01

Assembly

Discussed about body fatigue and lactic acid formation and dispersal. Also had talk about major muscles of the body.

Warm up with ball, 10 min slow continuous running.

Board stretching and for stability with partners .

Skills: Board to board passing.

Build up game: Passing the ball cross field accurately (monkey game) ensuring it reaches the other partner.

Penalties: Both 6 and 8 meters. All the three goalkeepers conceded goals from 6 meters.

DAY:01. SESSION: 02

Assembly

Warm-up with ball control.

Skills: Cross over passes, Shooting into goals.

Game: One half of 20 minutes played. Nirav scored 1 goal past Sujith. He also missed almost 4 clear chances.

Penalties were taken from 6 meters and no one scored out of their 3 individual chances. Goalkeepers did fantastically well !



DAY :02. SESSION :01 - 13th Sept'18

Warm up with light running. Stretching with the board and full stretch.

Skills: Shooting and advanced with shooting against two defenders.

Game: Played two halves of 20 minutes in which Nirav scored against Anugrah, Pankaj against Gambhir and Prakash against Sujith.

DAY: 02. SESSION :2

Assembly

Warm up with balls and running for 10 minutes.

Stretching exercises led by Falhan at the centre.

Skills: Receive and turn the ball to finish.

Game: Played game for 30 minutes. Nirav scored past Sujith and Prakash scored past Gambhir two times. Game was fast and skills were shown in the play too.



DAY :03. SESSION :01 - 14th Sept '18

Assembly

Started with buildup activity. Making teams of different groups.

Running 25 laps of the ground. Stretching with the board and exercises.

Skills: Receiving and shooting after dribbling.

Game: Two halves of 15 minutes were played. Falhan scored the fastest goal with 42 seconds against Gambhir. Nirav scored against Anu. Prakash scored two 2 goals past Sujith.

DAY:03. SESSION:02

Assembly

Started with a fun game of catching the sound of the balls while sighted persons are throwing them from one to another. 12 laps with good speed increasing gradually. Stretching exercises.

Skills: Receiving and passing the ball to the other board to finish it at goal. Receiving and shooting .

Game: Played first half of 20 minutes in which Pankaj scored passed Sujith.



DAY:04. SESSION:01 - 15th Sept '18

Assembly

Warm up: Slow running followed by Board exercises and stretching.

Skills: Stopping the ball and turning to other side and penetrating to score past one defender.

Game: Played two halves of 20-20 minutes. Pankaj scored past Gambhir and Falhan scored past Anugrah.

Penalties: 8m no one scored and 6m scored by Ashwani and Kling.

DAY:04. SESSION:02

Assembly

Dribbling and rectification of techniques individually by Malaysian Coach Mr WK Loo.

Running 12 laps, board exercises and stretching.

Skills: Shooting on opposite goals.

Game: 2 halves of 20 -20 minutes played. Falhan scored past Gambhir.

Penalties were taken from 6m in which Anish and Ashwani scored goals.

Finally the Indian Blind Football team was announced by Coach Sunil J Mathew. With 8 B1 players and 2 goalkeepers.

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INDIAN NATIONAL BLIND FOOTBALL TEAM PRACTICE - 16th & 17th Sept'18

Warm up with ball control.

Rectification of some skills individually by Malaysian Coach Mr Loo.

Fun game for strength: Find out a partner and run taking him on back to the other distance and perform 5 squats. Change the partner and repeat the same.2 times.

Exercise with the board and stretching as the session was took over by Coach Sunil J Mathew.

Skills: Tackling with defender one and progressively two.

Penalties 6m and 8m.

Free kicks from different spots.



PARTNERS



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GAC Shipping (India) Pvt. Ltd. is proud to be part of the Blind Football International Friendly Series 2018.



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DynaMEC Systems

Cheruparambath 2nd Cross Rd, Kadavanthra
Ernakulam. Email: dynamecmail@gmail.com

